|  |
| --- |
| **TRITLINGTON C OF E FIRST SCHOOL** **WINTER LUNCH MENU** |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  |

|  |
| --- |
| Meatballs with  |
|  |  |

 |

|  |
| --- |
|  Chicken Curry |
|  with Rice |  |

 | Mince & Yorkshire Pudding |

|  |
| --- |
| Pizza Baguette |
|  |

 |

|  |
| --- |
| Hot Dog |
|  |
|  |

 |
| **W** | pasta shells  |

|  |
| --- |
|  Wedges |
|  |  |

 | or sausage roll | Ham Sandwich | Fish |
| **E** |  | Cous cous salad | Roast Potatoes | New potatoes | Chips |
| **E** | Seasonal Veg | Seasonal Veg | Seasonal Veg | Seasonal Veg | Beans |
| **K** | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
|  | Crusty Bread | Crusty bread | Crusty Bread | Bread | Bread |
| **1** | Homemade Biscuit |

|  |
| --- |
| Apple Crumblewith Custard |
|  |  |

 | Chocolate Brownie | Chocolate Chip Muffin | Jelly or Ice Cream |
|  | Fruit or Yoghurt | Fruit or Yoghurt | Fruit or Yoghurt | Fruit or Yoghurt | Fruit or Yoghurt |
|  | Water or Milkshake | Water or Milk | Water or Milk | Water | Water or Milk |
|  |  |  |  |  |  |

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| **TRITLINGTON C OF E FIRST SCHOOL** **WINTER LUNCH MENU** |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  |

|  |
| --- |
| Mince & Dumplings |
|  |  |

 |

|  |
| --- |
| Chicken Korma |
|  |  |

 |

|  |  |
| --- | --- |
| Roast Dinner |  |

 |

|  |
| --- |
| Pasta Bolognese |
|  |  |

 | Fish Fingers |
| **W** |

|  |
| --- |
| Or Sausages |

 |

|  |
| --- |
| Vegetable Korma |
|  |  |

 | Roast Potato |

|  |
| --- |
| Vegetable pasta |
|  bake |  |

 | Chicken gouzons |
| **E** | Creamed Potato | With rice | Jacket Potato | -------- | Chips |
|  | Seasonal Veg | Seasonal Veg | Seasonal Veg | Seasonal Veg | Peas/beans |
| **E** | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
|  | Crusty Bread | Bread | Crusty Bread | Bread | Bread |
| **K** |  |  |  |  |  |
| **2** |

|  |  |
| --- | --- |
| Angel whip |  |

 | Iced Sponge with custard | Fruit Jelly | Cheesecake | Biscuit |
|  | Fruit or Yoghurt | Fruit or Yoghurt | Fruit or Yoghurt | Fruit or Yoghurt | Fruit or Yoghurt |
|  | Water or Milk | Water | Water or Milk | Water or Milk | Water or Milk |

|  |
| --- |
| **TRITLINGTON C OF E FIRST SCHOOL** **WINTER LUNCH MENU** |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **W** |

|  |
| --- |
| Chilli ConCarne |

 |

|  |
| --- |
| Fish cakes |
|  |  |
|  |

 |

|  |  |
| --- | --- |
| Roast Dinner |  |
|  |  |

 |

|  |
| --- |
| Chicken Pasta |
| Bake |  |
|  |  |

 |

|  |  |
| --- | --- |
| Pizza Baguette |  |

 |
|  | Or cheese / tuna wrap | Oven baked Sausages | Jacket Potato | Ham sandwich | Fish |
| **E** | with rice | Creamed Potato | Roast Potatoes | Wedges | Chips |
|  | Seasonal Veg | Seasonal Veg | Seasonal Veg | Seasonal Veg | Spaghetti Hoops or Peas |
| **E** | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
|  | Crusty Bread | Bread | Crusty Bread | Crusty Bread | Bread |
|  |  |  |  |  |  |
| **K** | Chocolate Sponge & Custard |

|  |  |
| --- | --- |
| Flapjack |  |

 | Frozen Yoghurt |

|  |
| --- |
| Apple sponge with |
| custard |

 | Biscuit |
| **3** | Fruit or Yoghurt | Fruit or Yoghurt | Fruit or Yoghurt | Ice Cream Roll or Fruit | Fruit or Yoghurt |
|  | Water or Juice | Water or Milk | Water or Milk | Water | Water or Juice |
|  |  |  |  |  |  |